

# **KPA e-NEWS**

### December 2014

#### CE Connections: Upcoming 2015 KPA CE Events

Wednesday, Jan 14th
Live CE: Louisville, KY
Advocacy in Action: How to Influence
Public Policy in Frankfort
Sheila Schuster, Ph.D., 3 CEs

Wednesday, January 28th
Interactive Webinar: 12-1pm EST
A Transforming Partnership for
Healthcare
Susan McDaniel, Ph.D., 1 CE

Friday, Feb 6th
Live CE: Louisville, KY

Managing Suicidal Risk: A Collaborative
Approach 6 CEs
Melinda Moore, Ph.D.,
Stephen O'Connor, Ph.D.

Wednesday, Feb 25th
Interactive Webinar: 12-1pm EST
Ethical Issues Psychologists Face in
Integrated Primary Care
Christina Runyan, Ph.D., 1 CE

Friday, March 6th
Live CE: Louisville, KY
Expanding Opportunities for
Psychologists in Healthcare Delivery
Elizabeth McKune, Ed.D., 3 CEs

Friday, March 6th
Live CE: Louisville, KY

Best Practices in Outcome Measures
Reese, Ph.D., 3 CEs
Norah Slone, Ph.D.

Wednesday, March 25th
Interactive Webinar: 12-1pm EST
Integrated Care: Increasing Value through
Pediatric Integrated Care
William Tynan, Jr., Ph.D., 1 CE

Complete details and registration information can be found on the KPA Event Calendar.

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**Mindfulness Based Stress Reduction** 

This 16 CE Credit program is offered by

#### **Exciting News from KPA in December**

Here's the December edition of the KPA e-NEWS, a regular e-newsletter, to enhance communication about psychology across the state. Numerous opportunities exist in 2015 for meeting your New Year's resolutions of financial security, increasing knowledge, enhancing organization, planning, and practice opportunities, and cultivating new personal and professional relationships. What follows is a sampling of psychology-related news and opportunities across the Commonwealth. Check out the column on the left for upcoming KPA Social and CE events, meetings, Kentucky Currents (member news items), and more. For more updates, visit the KPA website and join KPA on Facebook: simply click "Like" on the Kentucky Psychological Association Facebook page.

# Update from KPA Executive Director by Lisa Willner, Ph.D., KPA Executive Director

oy Lisa Willner, Ph.D., KPA Executive Direct

# 2014 KPA Highlights

KPA is poised to end 2014 in the black, with membership numbers holding steady, and a successful convention and year of richly varied and evidence-based continuing education programming behind us. In addition to live CE events, 2014 brought us Season Two of our popular Attachment webinar series, now available through the <a href="UK HealthCare's CE Central">UK HealthCare's CE Central</a> website. Because of KPA's partnership with CE Central, the webinars are now accredited for medical CE as well as for psychology and other mental health professions.

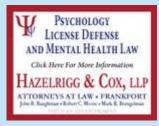
In advocacy news, 2014 was a capacity-building year for lobbying for the science and practice of psychology, as we branched out to contract with McCarthy Strategic Solutions. Thanks in large parts to grassroots advocacy efforts by KPA members, 2014 marked the first year that privately practicing psychologists were eligible to provide services through Medicaid. KPA leaders participated in advocacy training, stepped up political giving, and hosted KPA's first annual Legislative Day. (I hope you will join us in Frankfort on February 24th for KPA's next Legislative Day.) If you have not already done so, I invite you to complete the PAC Survey, and to view the survey results that have been tallied to date.

I am delighted to announce that the Kentucky Psychological Association was awarded a Legislative Grant in the amount of \$10,000 from the Committee for the Advancement of Professional Practice (CAPP) of the American Psychological Association Practice Organization (APAPO). The awarded CAPP funds are to help support lobbyist services and grassroots activities as they address multiple issues affecting psychologists and the practice of

John Shealy, PhD in four, 4-hour Saturday sessions: March 28, April 11 & 25 and May 9, 2015 in Louisville, Kentucky.

MBSR is a challenging 8-week lifeenrichment program combining a variety of formal and informal meditation practices with mindful movement and other supports for the cultivation of a healthy, low-stress lifestyle. Conducted in a small group format, emotional healing and spiritual growth are often among the rich fruits of this experiential training. Come learn why Mindfulness is growing so rapidly in popularity, what 30 years of clinical research is revealing about the effectiveness of MBSR with a variety of clinical populations, and how you can integrate Mindfulness into your personal life and professional practice. For more information, go to: www.BeMindful.org or call John at 502 727 2996.

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#### **Next KPA Board of Directors Meeting**

March 20th Frankfort, KY Location TBA

View the KPA Board of Directors

#### **KPA Book Corner**

The KPA Book Corner highlights books written by KPA Members and those recommended by KPA speakers, including those from the 2013 Convention. Click here to take a look at our current listings.

If you have presented for KPA or are a KPA Member author, please send your suggested items to kpa@kpa.org.(If you order Book Corner recommendations or other items through Amazon, remember to access the Amazon site by clicking on the Amazon link on the KPA home page - Amazon donates a small percentage of these purchases back to KPA!)

psychology in Kentucky. Because of the grant, we are able to retain the lobbying services of Dr. Sheila Schuster to work alongside John McCarthy and his associates through another General Assembly and throughout 2015. (More grant information below.)

The APAPO CAPP grant is a rewarding finish to a very successful and productive year for KPA on numerous fronts. I look forward to continuing our work together on behalf of our profession in 2015, and I wish you a happy, healthy, and prosperous New Year.

#### Save the Date: KPA 2015 Annual Conference – November 5-7 in Lexington

Many thanks to all who participated in making KPA's 2014 Conference "Psychologists as Collaborators: Partnering to provide comprehensive care" such a tremendous success. There were many outstanding speakers and workshops and lots of great networking opportunities as we came together for our annual "family reunion". A special thank you to Convention Co-chairs, Dr. Lisa Powell and Dr. Laurie Grimes, the entire 2014 Convention Committee, and all of our wonderful volunteer presenters!

We'll be back in Lexington in 2015 for what promises to be yet another wonderful gathering. Save the dates: Nov 5-7 at the Griffin Gate Marriott Resort. In the meantime, click on the <u>Convention homepage</u> for a overview the this past year's convention highlights.

# The Harris Family: A Legacy of Service to Kentucky Psychology by David Susman, Ph.D. and Art Nonneman, Ph.D.

The Kentucky psychology community was saddened by the news of the death of Patricia McNamee Harris on August 18, 2014. Pat, as she was known to friends and family, was born on July 10, 1929 in Evanston, IL. She graduated from Duke University in 1951 with a B.A. degree in History. While at Duke, she was selected as one of the seven most outstanding senior women for the White Duchy Honorary, and for Who's Who in American Colleges and Universities. Her principal positions of employment included Civil Service appointments at the Central Intelligence Agency in Washington, DC and the Naval Air Station in Pensacola, Florida.

In 1953, Pat married Jesse G. Harris, Jr. After Jesse completed his PhD in Clinical Psychology at Duke in 1955, the couple moved to Lexington, KY in 1960 to begin their association with the University of Kentucky. Jesse was a Professor and former Chair of the Psychology Department in the College of Arts and Sciences from 1960 until his death in 1988. He was also a past President of the Kentucky Psychological Association and a member of the Kentucky Board of Examiners of Psychology. Following his death, the UK Psychology Department honored him by naming the training center for clinical psychology doctoral students the Jesse G. Harris, Jr. Psychological Services Center. Jesse was an inaugural inductee into the KPA Psychology Hall of Fame in 2007. Pat Harris served as a staff assistant in the UK Philosophy Department from 1976 to 1986. She and Jesse were members of Lexington's Second Presbyterian Church. Pat was also active in a number of groups including Chapter J of the PEO sisterhood, and the University of Kentucky Women's Club. She was a University of Kentucky Fellow, and an active participant in the Jesse G Harris,

#### **Community Bulletin Board**

A forum is available to any KPA member who would like to post information that the psychology community may find interesting or helpful or for which psychology input is requested. Visit the Community Bulletin Board to view current messages or to post a new message.

#### Visit the KPA Book Corner

The KPA Book Corner highlights books written by KPA Members and those recommended by KPA speakers. Click here to take a look at our current listings.



#### **KPA Currents**

A Snapshot of Events in the Lives of KPA Members

Congratulations to **Lisa Powell, Ph.D.**, on her new position as the Director of Psychological Services at the Home of the Innocents.

### Members in the Media

The following members appeared on "Let's Talk" at 970AM WGTK with fellow KPA member Stan Frager, Ph.D.

**Cay Shawler, M.S.** discussed "Holiday Blues"

**Eugene Foster, Ed.D.** discussed mental health in the holiday season

Bob H. Tiell, M.A. discussed career

Jr. Memorial Scholarship Fund, which for over 25 years has annually awarded \$1000 to a UK clinical psychology doctoral student for outstanding dissertation research.

Pat is survived by her two daughters Julia Harris Miller of Raleigh, NC and Cecilia Harris Johnson of Toledo, OH, three grandchildren and other loving family. Burial will be at Arlington National Cemetery in Washington, DC, beside her husband Jesse, who achieved the rank of Captain in the US Navy Reserve. Memorial contributions can be made to the Jesse G Harris, Jr. Memorial Scholarship Fund, Development Office, University of Kentucky, Lexington, KY 40506.

# **Kentucky Psychological Foundation News**

# 2015 Spring Academic Conference – Save the Date!

The 2015 Spring Academic Conference will be held on Saturday, March 28th, 2015 at Midway College. This year's theme is "A Call for Compassion: Using Psychology for a Better World." Complete details coming in January!

Help support the Kentucky Psychological Foundation by making a donation today!

#### **Research Colloquium Travel Award**

The Kentucky Psychological Foundation has created an initiative to support the presentation of research colloquia by psychologists in academic or research settings within the Commonwealth of Kentucky. The purpose of this initiative is to foster inter-institutional networking between Kentucky academic or research institutions, promote the exchange of ideas, and provide career-development opportunities for academic and research psychologists within the Commonwealth. Click here for details.

#### **KPA Receives APAPO CAPP Grant!**

KPA is honored to have received a \$10,000 grant from the Committee for the Advance of Professional Practice of the American Psychological Association Practice Organization (APAPO). APAPO's Legislative CAPP Grants are made possible from funds collected through the practice assessment of licensed psychologists, and are awarded in the spirit of resource sharing to support legislative efforts aimed at promoting the practice of psychology. Your ongoing support of APAPO through payment of your practice assessments allows the CAPP to continue its good and necessary work on behalf of psychological practice. KPA's leadership is honored to have the opportunity to partner with the APAPO Practice Directorate and CAPP as together we face the challenges of assuring the availability of psychological services in the changing health care landscape.

### The Frankfort Beat...

by Sheila A. Schuster, Ph.D., KPA Lobbyist and Federal Advocacy Coordinator

The November 4th General Election is over...a blur in our rear-view mirror and a

consulting

**Eva Markham, Ed.D.** discussed Tourette Syndrome

Please send your announcements to kpa @kpa.org so that your news may be shared with the KPA membership.

#### **KPA Interest Sections**

Joining KPA Interest Sections is free and participation on the listservs is an exclusive member benefit. Many ideas, resources, and requests for treatment recommendations and other opportunities flow through the KPA listservs daily. Here is an excerpt from a post on the KPA Clinical listsery: "Thank you to everyone who shared their experiences with me. I was quite surprised at the variability of your responses.....Nice to have a community to call on for advice when such situations arise!" If you want to expand your resources and deepen your own sense of community within KPA, visit the KPA Interest Section webpage for instructions on how to join a KPA Interest Section.

Interest Section Details Listserv Details

#### Join KPA and KPAGS on Facebook!

KPA has always been an organization that works to be inclusive of all psychologists in the state. Kentucky Psychological Association is officially on the popular social networking site, Facebook.com, and currently has 646 "friends". All you need to do to join the Kentucky Psychological Association on Facebook is to select the "Like" button after finding our group on Facebook. Please be sure to search for "Kentucky Psychological Association "and review the KPA Social Media/Forum Policy. The KPA Graduate Students (KPAGS) are also on Facebook! Stay up to date with the latest KPAGS news and communicate with other psychology graduate students from around the state! Click here to join KPAGS on Facebook: https://www.facebook.com/MyKPAGS

#### Advertise in the KPA e-Newsletter!

The bi-monthly editions of the KPA e-Newsletter, are distributed to over 1100 KPA members. The eNewsletter is sent via blast email at the end of Feb, Apr, Jun, Aug, Oct and Dec with submissions accepted at any time. Complete information and pricing details are relief to our ears. After an incredibly expensive and rancorous campaign season for our US Senator position, Mitch McConnell will remain in office – as will all six of our US House members. At the state level, the much-anticipated take-over of the Kentucky House by the Republicans did not materialize, with the Democrats holding their 4-seat majority. The Republicans gained a seat in the Kentucky Senate.\* There are 11 new House members and 6 new Senators! With defeats of incumbents and retirements, there will be changes in the leadership of both chambers, both parties. This is important to us, as it is the majority leadership teams in the House and in the Senate that name committee chairs, make assignments and control the flow of legislation!

The 2015 Kentucky General Assembly session is a "short" (30-day) one. It convenes for four days of pomp and organization on January 6<sup>th</sup> and then will recess until "real" business is conducted, beginning on February 3<sup>rd</sup> and ending on March 24<sup>th</sup>. Despite the state's pension crisis which threatens the sustainability of the CMHCs, public health departments, and the teacher retirement systems, it is not clear that legislators will take significant action in the session on this issue. Enacting tax or revenue measures requires a "super majority" vote in each chamber, which will likely be difficult to achieve. There appears to be agreement on trying to address the state's growing heroin problem – but not consensus on how to do it; the debate will be on treatment vs. punishment. Despite Kentucky's recognition as a leader in implementing the Affordable Care Act (ACA) with our state-based Health Benefits Exchange (kynect) and expansion of Medicaid, there will likely be legislation in the Senate to undo both of these initiatives. There does appear to be a growing consensus around passing a comprehensive statewide smoke-free law.

KPA's 2015 legislative priorities – adopted by the Board in mid-December – focus on revising the existing "Duty to Warn" statute to clarify that it applies to individuals seen in an outpatient setting, inclusion of psychologists and other mental health professionals in providing treatment to minors, and protection of psychology's scope of practice from intrusion by other practitioners. Because of the health implications of second-hand smoke and psychologists' involvement in smoking cessation, KPA is strongly supporting the statewide smoking ban legislation. KPA has also endorsed the legislative agenda of the KY Mental Health Coalition which includes a number of behavioral health, human services, domestic violence and social justice bills. (www.kpa.org)

Georgeann Stamper Brown, Ph.D. is doing an excellent job in forming the KPA Advocacy Committee and in providing feedback and resources to better communicate with KPA members and to engage you in our advocacy efforts. How has advocacy mattered? Check out the one-pager on the KPA website...KPA's Advocacy is for YOU! I continue to work with our excellent lobbying team, McCarthy Strategic Solutions, led by John McCarthy. KPA has successfully secured another grant from APA's Committee for the Advancement of Professional Practice (CAPP), to keep our current lobbying contingent intact. KPA Advocacy Day will be held on **Tuesday, February 24**th. We encourage you to come to Frankfort to get in on the action! Look for more information via email.

 See <u>www.advocacyaction.net</u> for a complete listing of newly-elected and returning legislators. This is a great time to reach out to YOUR legislators!

#### Dates to Note:

January 14<sup>th</sup>, 1 – 4 p.m. – Advocacy Training in Louisville – 3 CEs (Some

available on the KPA Advertising webpage.

# Support KPA during 2015 via Shopping on Amazon.com

You can support KPA when shopping on Amazon by clicking the Amazon link on the main KPA website as a first step in making purchases on Amazon.com. Up to 3% of every purchase made on Amazon when you click their link on the main KPA website benefits KPA.

#### The Easiest Way to Accept Payments

The Kentucky Psychological Association is pleased to offer member merchant accounts - credit and debit card processing for your practice. A merchant account provides your clients with a convenient and immediate payment option and makes it easy for them to pay you for your services. Accept payment for consultation fees, counseling sessions and insurance co-pays. With a merchant account, you can:

- Accept Visa, MasterCard, Discover & AMEX.
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- •No cost to transfer services call to compare!

The process is simple. Begin accepting payments today! Call 866-376-0950 or visit <a href="https://www.affinipay.com/kpa">www.affinipay.com/kpa</a>.

#### **KPA Home Study Opportunities**

Under revised KRS CE regulations, you can now earn up to 12 credits per licensure cycle for home study courses. See what KPA has to offer...

KPA Domestic Violence Home Study Series

KPF Diversity Conference - Cultural Connections: Competence, Quality, and Equity in Mental Health Care - Home Study Courses

Exploring Attachment: Clinical Insights
Across the Life Span, Season 1

Exploring Attachment: Clinical Insights
Across the Life Span, Season 2

Working Together Toward Recovery

View the <u>KPA Home Study Page</u> for additional options.

remote access is available.) Contact: www.kpa.org

January 27<sup>th</sup> – Filing Deadline for Statewide Races (including Governor).

**February 5**<sup>th</sup> – 874K Disabilities Coalition Advocacy Event – Gubernatorial Candidates' Forum at the Frankfort Convention Center. Contact: <a href="https://www.advocacyaction.net">www.advocacyaction.net</a>

February 11<sup>th</sup> – Statewide Smoke-free Lobby Day in Frankfort

February 24th - KPA Legislative Day in Frankfort. Contact: www.kpa.org

# **New Suicide Prevention Training Requirement**

KRS 210.366 requires psychologists and other mental health professionals to complete a training program in suicide assessment, treatment, and management at least once every six years. This new requirement begins January 1, 2015 and notes that the first training is required by July 2016. KPA is offering an approved suicide prevention workshop on February 6, 2015 that will meet this requirement. Click here for details.

# Thank You From the Bottom of My Heart!

by Sheila A. Schuster, Ph.D.

In 2000, KPA honored me with a wonderful retirement party when I stepped down after 11 years as the Executive Director. At this year's convention, an almost-retirement party was held for me...I say "almost" because I am continuing in my present KPA roles for another session. The party was fabulous and confirmed my belief that no one throws a better party than Carol Held and her crew! In fact, I wanted to keep working so I could have another party.

Apparently, I have a few foibles which were discovered and gently roasted by Nancy Gordon Moore, Don Ralph, Mike Nichols, David Hanna, David Susman, and Liz McKune. And what a surprise when my son, David, presented a fantastic painting of one of my Capitol Rotunda advocacy rallies, commissioned by KPA. Thank you from the bottom of my heart for this warm, fun evening, full of good friends!

And thanks for being a great partner with me in building the association, and advocating for psychology and for the folks that we serve. For more than 40 years, KPA has provided me with **roots** and **wings**. KPA established the foundation...allowing me to build coalitions and to "see the big picture" and then, gave me the support and encouragement to take action. It has been a tremendous partnership from the beginning. Thank you!

# Statement of APA Board of Directors: Outside Counsel to Conduct Independent Review of James Risen Allegation

forwarded by David T. Susman, Ph.D., APA Council Representative

(Washington, DC) — The American Psychological Association (APA) Board of Directors has reviewed the allegation in James Risen's book, Pay Any Price: Greed, Power and Endless War, that APA colluded with the Bush administration to support torture during the war on terror. Specifically, Risen

alleges that APA supported the development and implementation of "enhanced" interrogation techniques that constituted torture and was complicit with the CIA and U.S. military to this end.

We believe that APA's October 16<sup>th</sup> statement (<a href="http://www.apa.org/news/press/response/risen-book.aspx">http://www.apa.org/news/press/response/risen-book.aspx</a>) refuting Risen's assertion was a fair and accurate response. However, the allegation made by Mr. Risen is highly charged and very serious. His book has created confusion for the public and APA members. This confusion, coupled with the seriousness of the allegation, requires a definitive, independent and objective review of the allegation and all relevant evidence.

Toward that end, and to fulfill its values of transparency and integrity, the APA Board has authorized the engagement of David Hoffman of the law firm Sidley Austin to conduct an independent review of whether there is any factual support for the assertion that APA engaged in activity that would constitute collusion with the Bush administration to promote, support or facilitate the use of enhanced interrogation techniques by the United States in the war on terror.

The engagement of the independent reviewer will be coordinated by a special committee consisting of three members of the APA Board of Directors — 2014 APA President Dr. Nadine Kaslow, 2015 President-Elect Dr. Susan McDaniel, and APA CEO Dr. Norman Anderson. The special committee will be assisted by APA General Counsel Nathalie Gilfoyle.

The independent reviewer will consider and report to the special committee as to whether APA colluded with the Bush administration, CIA or U.S. military to support torture during the war on terror. The review will include but not be limited to the following three issues: 1) whether APA supported the development or implementation of "enhanced" interrogation techniques that constituted torture; 2) whether changes to Section 1.02 of the APA Code of Ethics in 2002 or the formation and/or report of the APA Presidential Task Force on Psychological Ethics and National Security (PENS Task Force) were the product of collusion with the government to support torture or intended to support torture; and 3) whether any APA action related to torture was improperly influenced by government-related financial or policy considerations, including government grants, contracts or adoption of government policy regarding prescription privileges for psychologists serving in the military.

It is the intent of the APA Board that this review will be thorough and fully independent. The sole objective of the review is to ascertain the truth about the allegation described above following an independent review of all available evidence, wherever that evidence leads, without regard to whether the evidence or conclusions may be deemed favorable or unfavorable to APA. The independent reviewer will have full authority to conduct interviews of any present or former APA employee or member or any other person he deems necessary or appropriate. The independent reviewer will have access to all information and documents that he believes would assist in his work. APA staff and Board members have been instructed to fully cooperate in providing documents, electronic messages and information requested by the independent reviewer and to assist the reviewer in contacting former APA employees and others outside of APA who may have responsive information. The special committee will be responsible for providing the necessary support to the independent counsel in his conduct of the review, including resources, access to people and documents and other support necessary to ensure that the review is completed in a thorough and independent manner.

At the conclusion of the independent review, the independent counsel will

present his final report to the special committee. The committee will review the report, formulate recommendations for responsive actions as needed and then transmit the independent reviewer's final report — without modification — together with the committee's recommendations to the APA Board. After reviewing the independent report, the APA Board will make it available — without modification — to the APA Council of Representatives, APA members and the public. In addition, the Board will take actions in response to the report and the recommendations of the special committee as it finds appropriate.

Anyone having information that they believe the independent reviewer should be aware of is invited to contact Mr. Hoffman at <a href="mailto:apareview@sidley.com">apareview@sidley.com</a>. Information can also be shared with Mr. Hoffman via a special phone line — 312 456-8468.

Depending on access to information and persons needing to be interviewed, the review process is expected to be completed within the first quarter of 2015.

In the meantime, the APA Board again reiterates the Association's long-standing policy prohibiting any psychologist involvement in torture and cruel, inhuman or degrading treatment or punishment. There are no exceptions to that policy. Anyone seeking information about prior statements and actions of the APA Board of Directors and Council of Representatives related to detainee welfare and psychologists' work in national security settings can review an extensive timeline at:

http://www.apa.org/news/press/statements/interrogations.aspx. Also available as part of this timeline is APA's comprehensive 2013 policy related to psychologists and national security. When Council adopted the 2013 policy, it also rescinded the PENS Task Force report.

(Rhea K. Farberman, APA Monitor Executive Editor provided the initial draft of this summary.)

#### **KPA Listsery Transition Information**

With the loss of our former hosting service for listservs, KPA is transitioning to a new listserv service provided through the APA Practice Organization. As we begin to make this transition, you will be receiving a separate email from APAPO for every KPA listserv that you are subscribed to with details on how to send a message, unsubscribe, the APAPO listserv rules, etc. We hope that you enjoy our new listserv experience and look forward to getting our group communication back up and running! Click here for new listserv details.

# **Accommodations in High-Stakes Testing**

by Laurie Mount Grimes, Ph.D., Director of Professional Affairs

Psychologists play a critical role in the application for accommodations on high stakes tests. High stakes testing refers to standardized entrance exams such as the ACT and SAT as well as graduation and professional school exams like the MCAT, LSAT, or GRE. For those psychologists who conduct psychoeducational assessment or other forms of psychological testing, chances are you have been asked to provide documentation to apply for accommodations on these standardized tests. The most common accommodation request is for extended time, though there are other options as well. The following points are taken from a session I attended at APA convention last summer in which the speakers were evaluators for testing companies for accommodations on high-stakes testing.

- 1. To test with or without medications? When planning your assessment, be clear on the ultimate purpose. Are you conducting an <a href="mailto:initial">initial</a> assessment to determine disability? If so, testing will need to be completed off medications since the purpose is to determine what the patient is like without mitigating measures like medications. Or are you testing a patient with a previously established diagnosis (e.g., ADHD)? If so, testing should be conducted with medications in order to determine disability because you need to evaluate the patient's day-to-day functioning and what s/he will be like on the day of testing.
- 2. Access vs. Success. Disability law is different from accommodation criteria on high-stakes testing. Evaluations performed for K-12 services are covered under the IDEIA, whereas accommodation requests in higher education and employment are under the ADAAA and are based on a different set of requirements. Though some accommodations in a school setting are geared toward helping a student achieve *success* in the classroom, the accommodations in standardized testing are concerned with gaining *access* to the test. Is there something that makes this student lack access to the test that other students have? Keep in mind: diagnosis does not equal disability.
- 3. Evaluators are not only looking at the scores in the report. They also scrutinize the psychologist! They take note of:
  - a. competence is this psychologist practicing in his/her area of expertise (e.g., child vs adult) (also, MD evals of ADHD based on checklist and 5 minute talk will not qualify)
  - b. familiarity with the tests and data mining abilities. Knowledge of psychometrics and interpretation (i.e., noting <u>patterns</u> of deficits not cherry picking scores or relying on one outlier score, and looking for pervasive impact like processing speed does not just impact reading)
  - c. professionalism maintaining objectivity in presenting case, avoiding emotional rants or incensed statements about decisions, etc
- 4. Provide comprehensive application materials initially and on reapplication, including:
  - a. Comprehensive, current (within 3-5 years) psychoeducational report with the required testing determined by each testing agency, a DSM diagnosis justified by the data (avoid non-standard labels like 'spelling disorder' or NOS categories), and relevant behavior observations
    - b. Thorough history including records of academic history, some evidence of early impairment, performance on previous standardized exams, special education services and treatments, detrimental impact of the condition on educational progress, impact of condition on major life activities (not just testing), prior psychoeducational evaluations

Evidence of current academic impairment like grades/transcripts and a description of current

a. academic limitations via a personal letter, letter from

school, teacher, tutor, etc

- b. Evidence of current substantial limitation (employment, social relationships)
- c. A report write-up that makes a clear connection between a specific processing deficit and areas of underachievement (for LD), timed and untimed measures in each academic area, and outlines a clear pattern of deficits (not just a few isolated areas of relative weakness). Scores that are inconsistent with the pattern must be addressed.
- d. Alternative explanations are addressed (e.g., emotional, ESL, motivation/effort factors)
- e. Thorough integration of all pieces of data and documents that leads to specific recommendations for accommodations. 'Extra time" or 'unlimited time' are not specific. Accommodations must be specific to the individual, not a condition (i.e., not all kids with ADHD have the same needs).
- f. Objective evidence that there is a substantial limitation compared to most people in the general population not just relative to IQ and not a 'relative weakness.' There must be a substantial limitation in a major life activity and 'test taking' is not a major life activity. Is there evidence that learning in general is impaired or is it on certain minor or narrow tasks?
- g. Reasonable and appropriate accommodations. Remember, accommodations are to provide **access not outcomes** that is, they are <u>not</u> to ensure a person finishes the test or has the best chance of success on the test.

Recognizing the different laws and requirements will help psychologists prepare their reports appropriately and may minimize denials. Questions? You can find me at Laurie@KPA.org.

# Telepsychology's Access to Inter-jurisdictional Care

by Thomas W. Miller Ph.D. ABPP Chair, KBEP Telepsychology Subcommittee

For psychologists interested in providing psychological treatment across state and provincial lines, the ASPPB Mobility Program, Inter-jurisdictional Practice Certificate (IPC) is the vehicle for licensed psychologists using any form of telecommunication. The IPC grants temporary authority to practice based on notification to the licensing board of intention to practice temporarily, and verification of one's qualifications for such practice by ASPPB. The IPC allows psychologists to provide temporary psychological services in jurisdictions that accept the IPC for at least 30 work days (a day being defined as any part of a day in which psychological work is performed) per year without obtaining full licensure in that jurisdiction. In situations where the psychologist wishes to extend the duration of the work past 30 days, the jurisdiction would determine whether the temporary permission to practice could be extended or regular licensure would be required.

There is a DECLARATION OF INTENDED PRACTICE FORM to be completed and must be submitted to ASPPB and allows use of the IPC for jurisdictions participating in the program. Unless permitted by the visited jurisdiction's law,

the IPC cannot used to represent the psychologist as fully licensed to practice in the jurisdiction in which one wished to practice short-term. The jurisdiction may require the psychologist to apply for full licensure if the Psychology Board feels the services in their jurisdiction warrant such an action. Under no circumstances are IPC holders to conduct on-going part-time services on a regularly scheduled basis in a visited jurisdiction without obtaining regular licensure in that jurisdiction. The psychologist must acknowledge that the psychologist may be required to complete a criminal background check in order to provide services in the receiving jurisdiction.

Furthermore the IPC holder must abide by all state or provincial laws and regulations as they pertain to the practice of psychology and acknowledge that as an IPC holder will be under the disciplinary jurisdiction of both the board/college in which one is licensed/registered as well as the one in which the psychologist is working short-term. Finally the IPC holder must report to ASPPB any criminal, unethical or disciplinary actions involving the holder that arise after the application for the IPC is made. For Kentucky licensed psychologists, compliance with all aspects of KRS 319 is required.

#### **KPA Legislative Advocacy Survey**

During the 2014 Annual Convention, the Advocacy Committee administered a survey about various types of legislative advocacy for psychology, including questions about political giving and the possible formation of a Political Action Committee to support advocacy for the practice and science of psychology. The KPA Board of Directors discussed the survey results at its meeting on December 12, 2014. See the <u>results</u>. If you have not already done so, you may complete the survey.

#### **KPA Member Benefits: New Resources!**

**Technology Resource** - Dr. Dan Florell, presenter of the June 21st, 2013 KPA CE Workshop, Advanced Supervision: Influence of Technology, has been gracious enough to share an audio recording of his workshop with KPA members interested in the advancements of technology and their use in the field of psychology. Click here to learn more and to access the recording.

# Clinical Psychology – Overview and Effectiveness

PowerPoint courtesy of KPA Member Eric Russ, Ph.D., University of Louisville. Click here to access the Powerpoint presentation.

**Post-Ferguson Resources for Coping, Learning, and Teaching**Resources courtesy of the Georgia Psychological Association. Click <a href="here">here</a> to access the webpage with listed resources.

**Ethics Resource** - The KPA Ethics Committee has developed a list of resources for KPA members aimed to help psychologists find resources about self-assessment, self-care and the development of skills, relationships, and personal qualities that will allow them to be less vulnerable to ethical breaches and "slippery slopes" in their professional careers and foster ethical

awareness that leads to optimal practice. The posted resources define and discuss the stress—distress—impairment continuum, and the vulnerability at any point along the way to an ethical violation. They touch on topics such as risk factors, prevention of impairment, intervening with an impaired colleague, treatment options and the national movement toward establishing colleague assistance programs. Click here to learn more and to access the resources.

#### **Q&A on Current Issues in Ethics**

by KPA Ethics Committee

#### **Ethical Question:**

The Ethics Committee was asked a question regarding whether or not psychologists can ethically bill using a diagnosis code which is not accurate, and in fact, has been ruled out. The Ethics Committee cannot fully address the legal aspects of this issue, as no committee member is an attorney, but at first glance, one might suggest that the practice is insurance fraud. APA Ethical Guideline **6.04(b)** states, "Psychologists' fee practices are consistent with law," and if the practice is insurance fraud, then not only is it illegal, it is also unethical. However, consultation with an attorney versed in such matters would be in order to answer such a question.

If the practice is unethical, then the psychologist must ask what responsibility he/she has in response to knowing other professionals are actively participating in such a practice.

The following APA Ethical Guidelines are applicable:

# 1.04 Informal Resolution of Ethical Violations

When psychologists believe that there may have been an ethical violation by another psychologist, they attempt to resolve the issue by bringing it to the attention of that individual, if an informal resolution appears appropriate and the intervention does not violate any confidentiality rights that may be involved. (See also Standards 1.02, Conflicts Between Ethics and Law, Regulations, or Other Governing Legal Authority, and 1.03, Conflicts Between Ethics and Organizational Demands.)

#### 1.05 Reporting Ethical Violations

If an apparent ethical violation has substantially harmed or is likely to substantially harm a person or organization and is not appropriate for informal resolution under Standard 1.04, Informal Resolution of Ethical Violations, or is not resolved properly in that fashion, psychologists take further action appropriate to the situation. Such action might include referral to state or national committees on professional ethics, to state licensing boards or to the appropriate institutional authorities. This standard does not apply when an intervention would violate confidentiality rights or when psychologists have been retained to review the work of another psychologist whose professional conduct is in question. (See also Standard 1.02, Conflicts Between Ethics and Law, Regulations, or Other Governing Legal Authority.)

#### **Kentucky Psychological Association**

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### Have an Idea or Contribution for the KPA e-newsletter?

Contact the KPA Central Office or Sean Reilley, Ph.D., KPA e-newsletter Editor at <a href="mailto:dr.sean.reilley@gmail.com">dr.sean.reilley@gmail.com</a>. Deadlines for submission are the 15th of the month the newsletter is scheduled for distribution (Feb, April, June, Aug, Oct and Dec).